

# Present Moment Parenting Workshop

A Free Parenting Workshop that helps  
transform parents from:



**In The Moment**  
Child and Family Therapy

## *Behavior Police*



## *to Success Mentors!*



### **Learn about:**

- ◆ Communication's effect on the child's body and brain
- ◆ Why a child's behavior is communication
- ◆ Why punishment doesn't work (Break the judge, blame and punish cycle)
- ◆ A new way --> Growing desired behaviors
- ◆ Finding new solutions!
- ◆ Creating successes where they didn't exist before.

This is a **free** parenting workshop

Please call 608-620-3486 or email Kathleen Harwood to register for this group.

[Kathleen@InTheMomentTherapy.com](mailto:Kathleen@InTheMomentTherapy.com)

### **Dates and Locations:**

**April 14, 2018 at Resurrection Lutheran Church**

6705 Wesner Road , Verona, WI  
and

**April 28, 2018 at Resurrection Lutheran Church**

1603 16th Ave. , Monroe, WI

**Time: 8:30-11:30 am**

*Presented By: Kathleen Harwood, MS, NCC, LPC, LMFT-IT, Certified Parenting Coach*

# REGISTRATION

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You may also visit my blog at: [www.InTheMomentParent.com](http://www.InTheMomentParent.com)

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## About Present Moment Parenting

*This parenting group is based on Present Moment Parenting developed by Tina Fiegal M.S., Ed.. Tina is the author of The Pocket Coach For Parents available on her website: [www.Parentingmojo.com](http://www.Parentingmojo.com)*

Parent coaching is a customized-to-your-family opportunity to understand your intense child's behavior and learn what to do to help it improve dramatically. You'll learn Present Moment Parenting with the support of a coach who will not pass judgment on you, but will stand by you as you gain new skills. There's no diagnosis from your coach, just solid, usable tools for bringing out the best in your intense child. How do we define "intense"? If you have a child with whom typical parenting methods don't help, and even make the situation worse, you've come to the right spot.

## About This Workshop

Present Moment Parenting is a method of teaching parents a new way of interacting with their children. Our society has embraced the "judge, blame and punish" cycle; most of us were raised this way. Punishment results in only a temporary stoppage of behaviors, the need to retaliate and and causes fear for both parents and children. Present Moment Parenting taps into the power of the present moment to grow desired behaviors instead of punishing undesired ones. Present Moment Parenting is usually taught in a one-to-one format consisting of a parenting coach and parent(s). However, the basic tenets of Present Moment Parenting lend themselves to a workshop format. Furthermore, the group experience allows parents to find support and encouragement from other parents in a safe and non-judgmental environment.

**Kathleen Harwood** became a Certified Parenting Coach following a 20 year career working with children ages birth to 18 years. She has a B.S. In Psychology and a M.S. in Community Counseling from the University of Wisconsin-Whitewater. She is a mother of 3, step-mother of 2 and enjoys having 6 grandchildren.

**You may also visit: [www.InTheMomentParent.com](http://www.InTheMomentParent.com) For More Information**

----- Take One -----

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